



Cov tshuaj tua kab tuaj yeem ua rau koj mob!

Pesticides can make you sick!

Cov tsos mob tshwm sim ntawm kev siv tshuaj tua kab

Common symptoms of pesticide poisoning



Ua pob khaus lossis
khaus tawv nqajj
Rash or irritated skin



Ua pa nyuaj
Trouble breathing



Tawm hws lug
Sweating a lot



Qhov muag liab, los kua muag
lossis khaus qhov muag
Red, watery, or irritated eyes



Xeev siab los yog ntuav
Nausea, throwing up



Kiv taub hau
Feeling dizzy



Hnov mob taub hau
los hnov tsis meej pem
Headache, confusion



Hnov mob hauv siab
Pain in the chest



Hnoos tau hnoosqeev
Coughing up phlegm

Yog koj xav tias koj tsis meej pem tam sim ntawd, muaj teeb meem ua tsis tau pa, ib ce tshee hna, los yog tsaus muag, koj lossis lwm tus neeg nyob ze koj yuav tsum hu rau **9-1-1** kom txais tau kev pab. Yog xav paub ntiv txog cov lus qhia pab tiv thaiv lossis cov lus qhia tom qab tau raug tshuaj tua kab lawm, hu rau California Poison Control System ntawm **1-800-222-1222**.