

## Ramirez, Michelle@OEHHA

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**From:** Dr. Betty Martini,D.Hum. <bettym19@mindspring.com>  
**Sent:** Saturday, October 22, 2016 8:06 AM  
**To:** Dr. Betty Martini,D.Hum.  
**Subject:** Aspartame Swedish Study finds two diet drinks a day could double the risk of diabetes

**Follow Up Flag:** Follow up  
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<http://www.telegraph.co.uk/news/2016/10/21/two-diet-drinks-a-day-could-double-the-risk-of-diabetes-study-fi/>

What the researchers found was what we have known for decades. Aspartame can precipitate diabetes, simulates and aggravates diabetic retinopathy and neuropathy, destroys the optic nerve, causes diabetics to go into convulsions and interacts with insulin. The free methyl alcohol causes them to lose limbs. ("Aspartame Disease: An Ignored Epidemic" by the late diabetic specialist and world expert on aspartame, H. J. Roberts, MD.) Dr. Roberts was a member of the American Diabetes Assn for 35 years and was outraged they would not tell diabetics because they were receiving money from the aspartame industry. We had to walk with the diabetics at their walks and give out info and Dr. Roberts position paper to save their lives. I shudder to think how many have perished worldwide. Diabetics can use "Just Like Sugar" which is made from organic food and has chicory which has been used for over 70 years to improve the health of diabetics,

The researchers also mentioned infertility but didn't know the mechanism. Aspartame is an endocrine disrupting drug, stimulates prolactin, changes the menses and causes infertility. If a woman gets off of it and gets pregnant its a teratogen. It also caused neural tube defects, spina bifida and cleft palate in original studies and in loyalty to the manufacturer the FDA agreed to seal these studies and keep the info from pregnant women causing an epidemic of birth defects including autism through out the world. Original studies have now been added back to the Bressler Report on [www.mpwhi.com](http://www.mpwhi.com) where they had been removed by the FDA. [www.mpwhi.com](http://www.mpwhi.com) (Discussed in medical text by Dr. Roberts and "While Science Sleeps: A Sweetener Kills" by Dr. Woodrow Monte),

Particular warning to diabetics about Splenda. Researchers found that diabetic patients using sucralose showed a statistically significant increase in glycosylated hemoglobin, a marker that is used to assess glycemic control in diabetic patients. According to the FDA, "increases in glycosylation in hemoglobin imply lessening of control of diabetes."

About proposition 65 in California: Deadline to comment is 10/24/2016 on aspartame being a carcinogen: P65Public.Comments@oehha.ca.gov It was admitted to Congress 8/1/85 by Dr. Adrian Gross, FDA's lead scientist, that aspartame is a carcinogen and violates the Delaney Amendment making it illegally on the market.

Dr. Betty Martini, D.Hum, Founder  
Mission Possible World Health Intl  
[www.mpwhi.com](http://www.mpwhi.com), [www.dorway.com](http://www.dorway.com), [www.wnho.net](http://www.wnho.net), [www.holisticmed.com.aspartame](http://www.holisticmed.com.aspartame)