A Guide to Eating Fish from Hell Hole Reservoir

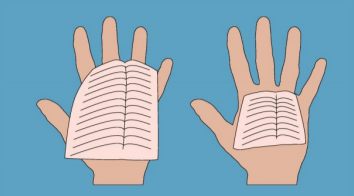
Women 18 - 45 years and Children 1 - 17 years

Lm dgqf g l rfgq epmsn	Brown Trout 16 inches or less Crayfish Kokanee Salmon	Brown Trout over 16 inches Lake Trout
2 servings a week	**OR 1 serving a week**	**Do not eat**

Women 46 years and older and Men 18 years and older

Brown Trout 16 inches or less Crayfish Kokanee Salmon	Lake Trout	Brown Trout over 16 inches
3 servings a week or 2 servings a week of crayfish	**OR 1 serving a week**	**Do not eat**

8 IBU JT B TFSWJOH



'PS "EVMUT 'PS $IJMESFO

" TFSWJOH JT 8 ounces prior to cooking (UIF TJ[F BOE UIJDLOFTT PG ZPVS IBOE for fish fillets) (JWF DIJMESFO TNBMMFS TFSWJOHT

8 IZ FBU GJTI?

&BUJOH GJTI JT HPPE GPS ZPVS IFBMUI 'JTI IBWF ONFHB T UIBU DBO SFEVDF ZPVS SJTL GPS IFBSU EJTFBTF BOE JNQSPWF IPX UIF CSBJO EFWFMPQT JO VOCPSO CBCJFT BOE DIJMESFO

Fish hJHI JO ONFHB T

8 IBU JT UIF DPODFSO

4PNF GJTI IBWF IJHI MFWFMT PG NFSDVSZ BOE 1$#T . FSDVSZ DBO IBSN UIF CSBJO FTQFDJBMMZ JO VOCPSO CBCJFT BOE DIJMESFO 1$#T DBO DBVTF DBODFS

California Office of Environmental Health Hazard Assessment • XXX PFIIB DB HPW GJTI • (916) 327-7319 • fish@oehha.ca.gov