A Guide to Eating Fish from Elkhorn Slough

Women 18 - 45 years and Children 1 - 17 years

Asian Clam
(Corbicula)

Speckled Sanddab

Surfperches

7 total servings a week or 3 total servings a week of Surfperches OR

Bat Ray
under 24 inches wide

1 serving a week

Leopard Shark

Bat Ray
24 inches wide or more

Do not eat

Women 46 years and older and Men 18 years and older

Asian Clam
(Corbicula)

Speckled Sanddab

7 total servings a week OR

Bat Ray
under 24 inches wide

Surfperches

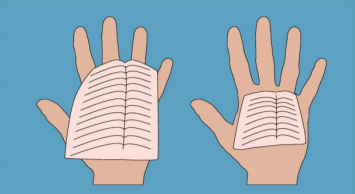
4 total servings a week OR

Leopard Shark

Bat Ray
24 inches wide or more

1 serving a week

8 IBU JT B TFSWJOH



'PS "EVMUT **'PS $IJMESFO**

" TFSWJOH JT 8 ounces prior to cooking (UIF TJ[F BOE UIJDLOFTT PG ZPVS IBOE for fish fillets) (JWF DIJMESFO TNBMMFS TFSWJOHT

8 IZ FBU GJTI?

&BUJOH GJTI JT HPPE GPS ZPVS IFBMUI 'JTI IBWF oNFHB T UIBU DBO SFEVDF ZPVS SJTL GPS IFBSU EJTFBTF BOE JNQSPWF IPX UIF CSBJO EFWFMPQT JO VOCPSO CBCJFT BOE DIJMESFO

8 IBU JT UIF DPODFSO

4PNF GJTI IBWF IJHI MFWFMT PG NFSDVSZ BOE 1$#T . FSDVSZ DBO IBSN UIF CSBJO FTQFDJBMMZ JO VOCPSO CBCJFT BOE DIJMESFO 1$#T DBO DBVTF DBODFS

California Office of Environmental Health Hazard Assessment • XXX PFIIB DB HPW GJTI • (916) 327-7319 • fish@oehha.ca.gov